



MOUNT COLUMBUS SCHOOL




DAKSHINPURI, NEW DELHI – 62

CLASS: NURSERY

MONTH: JULY

THEME: FOOD AND NUTRITION



GOALS	TOPICS
PHYSICAL DEVELOPMENT	<p><u>FINE MOTOR</u></p> <ul style="list-style-type: none"> ➤ Sorting Grains ➤ Holding pencils & crayons properly ➤ Tearing and pasting activity ➤ Playdough activity  <p><u>GROSS MOTOR</u></p> <ul style="list-style-type: none"> ➤ Dance activity ➤ Musical Statues. ➤ Balance Walk ➤ Jumping Jacks 
SOCIAL-EMOTIONAL & ETHICAL DEVELOPMENT	<p><u>STORY TELLING</u></p> <ul style="list-style-type: none"> ➤ Saying Sorry ➤ The picky little parrot <p><u>RHYMES</u></p> <ul style="list-style-type: none"> ➤ आलू कचालू ➤ Wash your hands. ➤ Blue is the ocean ➤ One two buckle my shoe ➤ Ten little fingers 

COGNITIVE DEVELOPMENT

NUMERACY

- Oral counting 1-10
- Revision of Big and Small
- Introduction to Full and empty
- Revision of Circle and Triangle
- Introduction to Square.
- Patterns



LANGUAGE & LITERACY DEVELOPMENT

LISTENING SKILLS

- General instruction
- A to Z with phonics
- Stories
- Poems
- Patterns

SPEAKING SKILLS

- Myself
- A to Z with phonics
- Poem Recitation
- Oral- अ से ई:

READING SKILLS

- Picture reading
- Vocabulary with letter A-Z
- स्वर अ से ई

WRITING SKILLS

- Introduction to Aa to Ff
- Hindi- अ से ई



AESTHETIC & CULTURAL DEVELOPMENT

ART & CRAFT

- Draw a smiley and color it.
- Draw or paste the Smilies
- Palm Printing
- Color the square- Blue



CELEBRATIONS

- Patriotic March Past



POSITIVE LEARNING HABITS

VALUES

- Being respectful towards your elders.
- Cleanliness and Hygiene.
- Teamwork.



LIFE SKILLS

- Healthy Eating Habits
- Social Skills (Saying thank you, sorry etc.)
- Selfcare skills (Brushing, combing, wearing shoes)



HEALTH AND WELLNESS

- Meditation
- Keeping nails short and clean.



- Eating fruits and vegetables

GENERAL AWARENESS

- Myself
- Fruits and vegetables
- Good Habits
- Personal Hygiene
- Body Parts

