



MOUNT COLUMBUS SCHOOL
Dakshinpuri, New Delhi – 62
Session-2025-26
Class-I
Month - July



LANGUAGE & LITERACY DEVELOPMENT	<p>LISTENING SKILLS • General instructions • स्वर और व्यंजन • Picture reading</p> <p>SPEAKING SKILLS • Animals with their sound • शब्द रचना</p> <p>Pronunciation – Words beginning with fr, tr, bl, fl</p> <p>READING SKILLS • Book reading • Join and read the words • Ch-3 Minto Goes for a Walk • Read with phonics</p> <p>Vocabulary- Different parts of body</p> <p>WRITING SKILLS • New words • इ, ई, उ और ऊ की मात्रा का परिचय • शब्दों की अंतिम ध्वनि से मिलते-जुलते शब्द लिखिए</p>
COGNITIVE DEVELOPMENT NUMERACY	<p>Ch-3 Addition and Subtraction up to 20 Ch-4 Numbers from 21 to 50 ACTIVITIES • Number line hop • Solve Puzzle match</p>
SOCIAL & EMOTIONAL DEVELOPMENT	<p>STORYTELLING Value Education • Ch-3 My Lovely Family • Ch-4 My First Day at School SELFCARE- meditation, cooking a nutritious meal together, storytelling or reading together. CELEBRATION • Kargil Vijay Diwas</p>
PHYSICAL DEVELOPMENT	<p>GROSS MOTOR SKILLS • Warm-up Exercise • Balancing Games • Yoga • Freeze Dance FINE MOTOR SKILLS • Clay activities • Tearing and Pasting • Sponge squeezing and painting</p>
CREATIVE DEVELOPMENT	<p>ART & CRAFT • Beautiful Peacock • Cartoon's Hair • Connect the dots • Naughty Caterpillar • Tall Flamingo</p>

**GENERAL
AWARENESS**

EVS Ch-3 Looking After My Body

Ch-4 Our Food

General Knowledge- Ch-5 Eat Healthy, Ch-23 Eye Care,
Ch-29 Staying Healthy, Ch-32 Food of India

Activities – Finger print art (Different food items), Sound guessing
game, Guess the food, Food Sorting game

Computer • Ch-2 What Computers are Made of?

