



**MOUNT COLUMBUS SCHOOL
DAKSHINPURI, NEW DELHI – 62**

CLASS: I

MONTH: SEPTEMBER

THEME: FOOD WE EAT

GOALS	TOPICS
<u>PHYSICAL DEVELOPMENT</u>	<u>FINE MOTOR</u> • Peeling/placing stickers within boundaries • Threading beads <u>GROSS MOTOR</u> • Throwing and catching a ball • Balancing • Indoor Games • Exercise
<u>SOCIAL- EMOTIONAL & ETHICAL DEVELOPMENT</u>	Ch-8 Food We Eat Ch-9 Healthy Habits
<u>COGNITIVE DEVELOPMENT</u>	<u>NUMERACY</u> • Ch-6 Addition and Subtraction of Numbers from 21-99
<u>LANGUAGE & LITERACY DEVELOPMENT</u>	<u>LISTENING SKILLS</u> • पाठ – 7 बिल्ली का बच्चा • Ch- 7 Huma and Her Healthy Habits • Dictation- Colors and shapes Grammar: One and More, Joining Words Revision of the previous topics Naming Words, Describing words, Action words, A and an व्याकरण : नाम वाले शब्द (संज्ञा), वचन <u>SPEAKING SKILLS</u> • Speaking and listening sounds with 'ph' • मात्रा ज्ञान: अ से तक ऐ तक (स्वर) चित्र को देखकर कहानी बनाना और सुनाना

	<u>READING SKILLS</u> • Ch- 7 Huma and Her Healthy Habits • पाठ – 7 बिल्ली का बच्चा • मात्रा ज्ञान: अ से तक ऐ तक (स्वर) <u>WRITING SKILLS</u> / लेखन कौशल • Picture composition • Reorder Jumbled sentences • चित्र देखकर दिए गए शब्दों का वाक्य बनाओ।
<u>AESTHETIC & CULTURE DEVELOPMENT</u>	<u>ART & CRAFT</u> • Colouring: Cartoon Mouse, Shamrock, Light Bulb <u>CELEBRATIONS</u> • Janmashtami • Teachers Day
<u>POSITIVE LEARNING HABITS</u>	<u>GENERAL AWARENESS</u> Chapter 10: My Study Chapter 12: Music and Noise Chapter 31: Words of Words! <u>COMPUTER</u> Chapter 4: Tux Paint – An Introduction <u>Moral Science</u> Chapter 5: Avyukt's Nature Journey <u>HEALTH AND WELLNESS</u> • Meditation • Brushing and Hand Washing • Healthy Eating