



MOUNT COLUMBUS SCHOOL

DAKSHINPURI, NEW DELHI – 62

CLASS: PS1

MONTH: SEPTEMBER

THEME: FRUITS AND VEGETABLES

GOALS	TOPICS												
<u>PHYSICAL DEVELOPMENT</u>	<u>FINE MOTOR</u> ➤ Origami and paper folding ➤ Picking small object with tweezer ➤ Playdough activity <u>GROSS MOTOR</u> ➤ Dance activity ➤ Hopping on one foot ➤ Yoga <u>HEALTH AND WELLNESS</u> ➤ Regular Exercise ➤ Hygiene and Self care ➤ Understanding emotions   <u>EMOTIONS</u> <table><tr><td> HAPPY</td><td> SAD</td><td> TIRED</td></tr><tr><td> SCARED</td><td> ANGRY</td><td> NERVOUS</td></tr><tr><td> SHY</td><td> EXCITED</td><td> BORED</td></tr><tr><td> SILLY</td><td> WORRIED</td><td> SICK</td></tr></table>	 HAPPY	 SAD	 TIRED	 SCARED	 ANGRY	 NERVOUS	 SHY	 EXCITED	 BORED	 SILLY	 WORRIED	 SICK
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<u>SOCIAL-EMOTIONAL & ETHICAL DEVELOPMENT</u>	<u>STORY TELLING</u> ➤ Story of lord Krishna <u>RHYMES</u> ➤ Vegetables ➤ Our Family ➤ Let's be Friends 												

COGNITIVE DEVELOPMENT

NUMERACY

- Oral counting 1-20
- Written- Introduction 8-15
- Revision of numbers 1-15
- Count and match.
- Count and write.
- Introduction of Full and Empty, Odd One out.
- Introduction to heart and semicircle.
- Introduction to Black and White.



LANGUAGE & LITERACY DEVELOPMENT

LISTENING SKILLS

- General instruction
- Picture reading.
- Revision Aa-Zz with phonics
- Revision अ से अः

SPEAKING SKILLS

- Recitation of rhymes
- Revision of phonics A-Z

READING SKILLS

- Reading of alphabets Aa-Zz along with picture.
- स्वर- अ से अः का अभ्यास



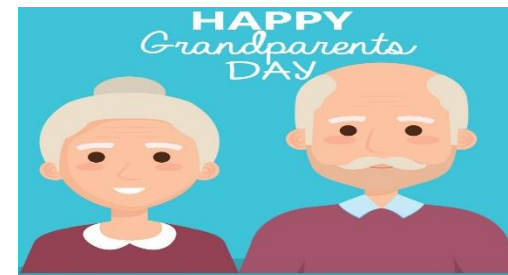
WRITING SKILLS

- Introduction to Ll to Rr
- Revision of Aa- Rr
- स्वर ए,

CULTURAL VISUAL & PERFORMING ARTS DEVELOPMENT

ART & CRAFT

- Jump on number activity
- Janmashtami Celebration
- Grandparent's Day Celebration
- Teacher's Day Celebration



POSITIVE LEARNING HABITS

VALUES

- Punctuality
- Kindness
- Honesty

LIFE SKILLS

- Healthy Food Habits
- Street Safety
- Good Touch and Bad Touch

GENERAL AWARENESS

- Revision of good manners
- Fruits and Vegetables (Name, Color and Taste).
- Revision of golden words (sorry, thankyou etc.)

